

Creating Your Own Research Project

Key Focus: Research skills from conception to publication

These workshops are designed to guide participants step-by-step in developing, conducting and presenting research projects in recreation and leisure

Tues 4th March, 1pm - 3pm; Evidence-Based Practice, Types of Research & Its Benefits

Learning Outcomes: Understand the principles of evidence-based practice (EBP) & various research methodologies.
Evaluate the benefits of integrating research into recreation & leisure services

Content: Introduction to evidence-based practice.
Overview of qualitative, quantitative & mixed-method research approaches.
Benefits of research for enhancing professional practice & client outcomes.

Activities: Interactive Lecture: Cover key concepts in EBP & research methodologies
Case Study Review: Analyse examples of research applied in leisure & recreation.
Discussion session: Explore how participants can integrate research into their roles.

Tues 1st April, 1pm - 3pm; Brainstorming & Selecting Your Research Project

Learning Outcomes: Identify potential research topics relevant to recreation & leisure services.
Develop a focused research question or hypothesis

Content: Strategies for identifying research gaps in the field.
Importance of aligning research with professional goals & client needs.
Refining ideas into actionable research questions.

Activities: Brainstorming Session: Individual & group activities to generate research ideas.
Group Feedback: Present ideas to peers & refine based on feedback.
Research Question Development: Work on crafting precise & focused research questions.

Tues 3rd June, 1pm - 3pm; Writing up Your Research Project

Learning Outcomes: Understand the structure & components of a research report.
Develop skills for presenting findings clearly and professionally.

Content: Components of a research project: abstract, introduction, methodology, results, discussion & conclusion.
Tips for effective writing & structuring content
Strategies for tailoring reports to different audiences.

Activities: Interactive Lecture: Guide participants through each section of a research report.
Writing Workshop: Participants draft sections of their research project, focusing on clarity & coherence.
Peer Review Session: Share drafts for constructive feedback.

Tues 5th Aug; 1pm - 3pm Presenting Research Findings at Conference

Learning Outcomes: Develop effective presentation skills to share research findings with a professional audience.
Create a visually engaging & informative presentation.

Suggested Content: Best practices for professional presentations.
Designing impactful slides and visual aids
Strategies for engaging an audience and handling questions.

Activities: Interactive Lecture: Explore effective presentation techniques.
Presentation Design Workshop: Create slides for a 10-minute presentation.
Practice Session: Deliver a short presentation & receive peer & facilitator feedback.

Tues 4th Nov 1pm - 3pm; Publishing Your Project into a Journal Article

Learning Outcomes: Understand the process of preparing & submitting a research paper for publication.
Learn to adapt research findings into a format suitable for peer-reviewed journals.

Content: Overview of the academic publishing process.
Structuring a manuscript for submission
Tips for responding to reviewer comments and revisions.

Activities: Interactive Presentation: Cover the publication process & manuscript preparation.
Article Writing Workshop: Participants draft key sections of a journal article based on their research.
Peer and Facilitator Review: Provide feedback to refine manuscripts for submission.

INVESTMENT

Members:	\$250.00
Non-members:	\$400.00
ARTA Students:	\$200.00

The cost includes all sessions
Bookings can be made through the website on www.recreationaltherapy.au