

# Degree entry level competency domains

- 1. Foundation knowledge for practice
  - Helping professions client/ clinician
  - Define overlap in other professions
  - Theories and principles of therapeutic relationships
  - o Development of DT and purpose of practice- local, state and national
  - Historical foundations of the profession both in and Australian and American
  - Scope of practice and potential changes in practice with potential issues and influences shaping future provision
  - o Definitions, philosophical concepts and service delivery implications
  - Code of ethics and knowledge of legal requirements
  - Code of conduct/ Standards of practice including privacy and consent, confidentially
  - Knowledge of credentialing, registration, licensure, accreditation and certification processes
- 2. Practise settings and service delivery models
  - Service provision based on goals and mission of service settings
  - Health, rehabilitation treatment, wellness, prevention and EBPs
  - Principles of normalisation, inclusion, self-determination, social role valorisation, empowerment, autonomy
  - Role as client advocate
  - o Process of APIE
  - Programming for groups
  - Programming for individuals
  - Regulatory agency accreditation, evaluation and legislation requirements
  - o Funding mechanisms for service provision
  - Aged Care Services (conditions, functional behaviours with conditions Rx meds)
  - Disability services (conditions, functional behaviours with conditions Rx meds)
  - Mental health (conditions, functional behaviours with conditions Rx meds)
  - Rehabilitative service (conditions, functional behaviours with conditions Rx meds)
  - Youth and adolescent services (conditions, behaviours with conditions Rx meds)
  - Corrections (conditions, functional behaviours with conditions Rx meds)



# 3. Knowledge base to inform practice

- Recreation
- Leisure
- Psychology
- Anatomy and physiology
- Cultural safety and cultural competence including social attitudes
- Sociology SDH and environmental factors
- Learning theories
- Human growth and development
- Health care systems
- Counselling
- Communication
- Medical terminology
- Facilitation techniques

## 4. Assessment for service provision

- o Service setting policies and procedures assist to determine protocols
- Knowledge of tools to measure physical, cognitive, emotional and social functioning
- Knowledge of psychometric properties of tests and measurements
- Knowledge of assessments used by other disciplines appropriate for practice
- The international classification of functioning (ICF) be incorporated with the impact of limitations and restriction
- Skills in functional performance testing and rapid assessment instruments
- Review of secondary information including referral
- Establish effective relationship for initial consult, meet and discuss needs
- Identify a variety of functional behaviours with associated factors and gaps according to service provisioning
- Select and use appropriate assessment methods and measures
- Inform client of results to assist in processing the treatment, enhancing self-awareness
- Record and report through the nature and function of documentation procedures and systems the organisation utilises
- o Analyse the information gained from the assessment

## 5. Intervention plans

- Development of goals with client, based on assessment outcomes
- Understanding of activity modification
- Awareness of assistive techniques and devices to facilitate appropriate interventions
- Resource availability for service planning
- Plan incorporates needs, abilities, strengths, gaps, diagnosis and preferences
- Select intervention goals with consideration to resources and best practice



- o develop and evidenced based evaluation plan
- o client interaction to answer any questions about intervention plan
- o Informed consent gained to plan intervention
- o Risk assessment and safety management considered for intervention

# 6. Program development and delivery

- Activity analysis
- o Task analysis
- Modalities and associated benefits
- Consideration of adaptions, modifications and assisted technology to facilitate participation
- Evidence based practice to develop program
- o Program proposal has goals, measures and evaluation
- Identification of client supports necessary and evaluating the effectiveness of them
- Facilitation techniques considered for program delivery
- Group treatment programming
- Facilitate a variety of evidence-based interventions/ modalities to reach treatment outcomes
- Consideration of continuum model of service delivery

#### 7. Documentation

- o Service record of each clients' program participation
- Comply with agency specific terminology to record client's involvement with interventions including frequency, duration and nature of participation
- Document behavioural observation
- o Document assessment outcomes from a variety of instruments
- Document treatment and processes
- Document procedures for program planning, accountability and service payment (where appropriate)
- o Review of program progression and update where appropriate
- Relevant information communicated to and from other service providers through referral, documenting additional provision, transition planning and discharge planning
- o Methods to interpret programs and outcomes for program evaluation
- Record keeping and retention of records comply with organisation and legislative requirement
- o Reports are completed in a timely manner
- Documentation completed, adhering to legislation

## 8. Evaluation

- Review progress and outcomes
- Use a variety of formal and informal measures, both qualitative and quantitative
- Discuss client progress in context of term interventioninterdisciplinary
- Aware of the evaluative requirements of regulatory agencies
- Evaluate the efficiency and effectiveness of services using formative and summative methods



- Skills in integrating systematic methods of evaluation for both individuals and groups
- Modification to program based on ongoing review
- Termination of intervention when client outcomes are achieved
- Use and apply stakeholder feedback with program
- Interpret and apply information about program outcomes
- 9. Evidence based practice and research
  - Awareness of appropriate journals related to practice
  - Ability to search various databases on a particular topic
  - Complete a literature review
  - Apply techniques of evidence-based practice to your own practice
  - o Understand the different types of research and why they are used
  - Data collection methods
  - Apply evidence-based practice to treatment interventions and programs typically used for outcomes in rehabilitation, mental health or other disabling conditions
  - Use research findings to support the development of programs and services

## 10.Interprofessional teamwork and communication

- o Ethical issues in health care and human services
- Interviewing stages and strategies
- o Role in relation to allied health on the basis of collaboration
- Understanding other professional roles with collaborative team
- o Principles and processes of interdisciplinary treatment teams
- Build rapport and trust with interprofessional relationships
- Interprofessional consultation
- o Effective communication through oral, written and electronic means
- Support and facilitate reciprocal communication
- o Roles and responsibilities of DT in interdisciplinary treatment process
- Communicate using respect and dignity
- Seek others perspective
- Case conference
- Professional boundaries
- Communicate appropriately using team STEPPS
- Appropriate sharing of knowledge

# 11. Management of service provision

- Awareness of organisational structure and DT role in context
- Awareness, management and utilisation of resources (policies, budget, grants, space, facilities, supplies, staff, interprofessional collaboration, volunteers and students)
- Techniques financing, budgeting cost accounting, rate setting, fiscal accountabilities
- Program follows agency policy & procedures,
- Training and CPD plans
- Assign tasks appropriately to staff based on competencies
- Roles and responsibilities for different levels of personnel in the department



- Evaluate suitability of community inclusion opportunities (consent, intake, membership criteria costs)
- Outing assessment/ risk management
- SWOT analysis on department including volunteers
- Team communications
- Legal and ethical ramifications of treatment
- o Principles of marketing, promotions and public relations
- Clinical supervision and education of staff
- Work health and safety department compliance
- Digital literacy computer programs, digital literacy

## 12. Continuous professional development

- At least 20 hours of approved education for professional development each year
- o A bases of credentialing as DT/RT practitioner
- An awareness of research guidelines and application within in workplace setting
- Evaluate own competence through self-assessed skills and gaps for initial membership and credentialing, with a two-year development plan
- The two-year development plan should be completed by all members
- New 'practitioners' will initially be developing their plan around their weaknesses in baseline 'new grad' competencies.
- After 10 years of membership there is an expectation or requirement of adding to the body of knowledge through developing a research project in workplace setting and publication of project.
- o Personal responsibility of CPD and appropriate resources
- o Promotion of the profession
- Monitoring others
- o Participates in performance review
- Sharing knowledge
- Participate in research to advance the field