

PRESIDENT'S PIECE



July has come hard and fast, but June was a month where some great things were achieved. Call for papers and early bird for our virtual conference are now closed. Abstracts have rolled in so the conference committee will be sorting through the submissions.

We are excited to showcase our member's work and explore developments in different sectors. I hope many of you took advantage of early bird offer to attend our ARTA Conference. I know I can't wait for our annual conference.

Charlise and I met with a representative of Allied Health Professions Australia about our application for membership. We dotted off some I's and crossed some Ts. Our application will be presented to AHPA in September so keep all your fingers and toes crossed as well.

Charlise and Kayla attended the National Aged Care Alliance, representing ARTA and ensuring our voices are heard. Thank you both for your efforts.

Membership renewals were due on the 30th of June. We are hoping that you have continued with your membership with us so we can continue to help push towards our goal of becoming part of AHPA. Thank you to Diana and Jodie for their continued work in membership renewal and all office matters.

We still have a vacancy on the board. This is the perfect opportunity to dip your toe in until our AGM. It will provide you with the experience without having the 3 year commitment.

Until then,
Renée Smith
ARTA President



**Australian
Recreational
Therapy
Association**

Please see below for updated actions over the past month from the Board.

EXECUTIVE OFFICER

Action: AHPA application has been completed and we will be notified of eligibility results in October. We will update members when we hear results of application.

Action: Reviewing existing files to ensure ARTA are compliant and records are secure.

CARE AND SUPPORT SERVICES

Action: Charlise and Kayla attending NACA meeting to work on strengthening connection and pushing recognition of our profession.

Action: Working on providing resources on all standards related to recreational therapy.

Action: Proposed development of ARTA fact sheet highlighting best practice guidelines for aged care organisations to address growing concerns about the place of RT in the aged care space.



Aged Care Music Resources has special offers for ARTA members only:

<https://agedcaremusicresources.com/news/product-discounts-for-arta-members/>

To obtain your special discount, add each item to your shopping cart separately by following instructions listed on his website.

EDUCATION

2024 VIRTUAL CONFERENCE:

Date: Thursday 26th and Friday 27th September 2024.

Theme: Choice, Connection, Community.

MEMBER ACTION: Can't make the date? No problem! The conference will be recorded both days to be watched at your convenience! Register and you will be given access to view the conference up to 30 days after the event.

Action: Next workshop 3/7 cultural diversity. ARTA are also looking at developing workshops addressing other areas of RT work. E.g. community.

Action: EO reaching out to Human Ability (new governing body in workforce development to determine scope) to ensure awareness and potential collaboration with ARTA.

DISABILITY

Update: Assisting Governance portfolio with NDIS.

GOVERNANCE & PROFESSIONAL SCOPE

Update: Working on position descriptions for council members.

MARKETING

Action: Conference logos complete - please share the conference information to all your networks and through social media.

Action: Streamlining the process for RT Week and ARTA Conference for 2025.

Action: Hour to Empower was updated and distributed to socials and LinkedIn.

Action: Reviewing and comparing merch companies.

MENTAL HEALTH


MEMBER ACTION: Seeking more members to join CoP. Please contact the office if you are interested.

OFFICE NEWS

Membership renewals are overdue. Please contact the office if you have any questions or need assistance with membership renewal.


Thank you for your support as we work towards our Allied Health goals together. The strength in numbers has helped reinforce our AHPA application.

If you have paid your ARTA membership by 30th June you can receive a free Hour to Empower workshop! Let the office know which workshop you would like to attend and we will book you in for free! (If you book online, you will automatically be charged).



**ARE YOU A RECREATIONAL
THERAPIST, LEISURE AND
LIFESTYLE COORDINATOR, OR
REGISTERED TRAINER OR
LECTURER?**

**DID YOU KNOW YOU COULD BE
A MEMBER OF**

 **Australian
Recreational
Therapy
Association**

BECOME A MEMBER TODAY

**JOIN
TODAY**
**RECEIVE A FREE
HOUR TO EMPOWER
WORKSHOP!!!!**

See the latest job adverts here: <https://www.recreationaltherapy.au/positions-vacant-wanted/>



AUSTRALIAN RECREATIONAL THERAPY ASSOCIATION
NETWORK GROUPS 2024

STATE	GROUP NAME	GROUP LEADER	PHONE	EMAIL	FREQUENCY
ALL	Hospital Interest	Renee Rizzo	02 8738 5557	Renee.rizzo@health.nsw.gov.au	2 nd Wednesday of the month 2pm
NSW	Sydney Aged Care Interest	Briony Kennedy	0407 972 697	artaagedcaresyd@gmail.com	1 st Wednesday of the Month Hurlstone-Canterbury RSL club
NSW	The Hills	Mary Morris	0404 170 860	hillsdiversionaltherapygroup@gmail.com	2 nd Tuesday of the Month
QLD	Toowoomba	Chris Gauld Lynda White	0428 171 001 0422 789 327	Chris.gauld54@yahoo.com Lynda_c65@hotmail.com	1 st Thursday of the Month (5.30pm EST)
SA	Adelaide	Sallie Shipsides	08 8389 5030 0419 933 203	marsal03@bigpond.com	TBC
SA	Lower North	Lisa Anders	0439 852 523	lisa.anders@sa.gov.au	TBC
TAS	Tasmania Network Group	Emma Preston	0452 070 875	epreston18@hotmail.com	Online Group
VIC	East Gippsland Remote	Dawn Sulley	0438 560 253	dawn.h.sulley@gmail.com	3 rd Wednesday Tri-Monthly (Feb - Nov)
ALL	Online Dementia Specific Group	Eira Steane	Zoom meeting	https://us06web.zoom.us/j/88358937783?pwd=eDdTRU5lRmNUMjZkTmlBZ3orT1ZNQT09 Meeting ID: 883 5893 7783 Password: 095285	Zoom Meeting Second Wed of every month 6.30pm EST
ALL	Associate Member NG	Kim Bromley	Zoom Meeting	https://us06web.zoom.us/meeting/register/tZlvcu2tpzktEtz79RlLeTPy1gk-kMkvTxL Meeting ID: 862 5459 2788 Passcode: 590414	Zoom meeting 1 st Monday every 2 nd month 7.00pm EST

Reminder: Cert IV network group recommencing: 1st July. Further meeting dates: 2nd Sept and 4th November.

Do *YOU* attend your **Network Group?**

The purpose of networks groups is to foster peer support amongst Diversional Therapist's and recreational activities officers and provide peer level information exchange. Access to ARTA network groups are a membership benefit of Australian Recreational Therapy Association (ARTA). By attending network groups, members are able to use the ideas, skills, knowledge and resources of those members on a regular basis.

Only financial members of Australian Recreational Therapy Association are eligible to attend network groups.

The list of ARTA Network Groups is above – find the closest one to you and get in touch – they will warmly welcome a new member!

(Free with your membership!)

Education:

Hour to empower

Immerse yourself in our dynamic 1-hour education sessions to enhance recreational therapy programs. Our expert-led sessions are designed to empower and support your practice, one hour at a time. Each month adds to your toolbox, exploring a variety of topics and applications in your program.

Month	Presenter	Topic
Wednesday 3rd July	Kim Bromley	<p>Resources to support cultural diversity</p> <p>To define the concepts of diversity, inclusion, and cultural safety, before exploring resources, guides, and links to support the leisure and lifestyle team.</p>
Tuesday 6th August	Michael Murgolo	<p>Volunteers as resources for your program</p> <p>To ensure human resources are well supported and appropriately matched.</p>
Monday 19th August	Kim Bromley	<p>Behaviour plans and progress notes</p> <p>Explore examples of progress notes and how these can help to support behaviour management plans.</p>
Wednesday 9th October	Kim Bromley	<p>Programming with Montessori principles</p> <p>To understand Montessori principles and how to incorporate them into your program.</p>
Friday 18th October	Emma Preston	<p>Community resources to support integration.</p> <p>To incorporate a range of ideas for clients to integrate and access community resources.</p>
Thursday 7th November	Adam Wilson	<p>Adaptive equipment for leisure</p> <p>To increase knowledge of adaptive equipment and funding options available.</p>
Monday 18th November	Kim Bromley	<p>Program planning for the year ahead</p> <p>Plan a well-balanced program for the year ahead and how to provide evidence that residents have input.</p>
Friday 6th December	Emma Preston	<p>Socialisation and peer support programs</p> <p>To develop programs inclusive of socialisation and peer support.</p>