

ARTA VIRTUAL WORKSHOP

“STARTING YOUR OWN PRIVATE PRACTICE”

FRIDAY THE 1ST OF DECEMBER 2023

10.00AM TO 4.00PM



Workshop Learning Outcomes

- To gain an understanding of what is required to start your own private practice.
 - To explore various strategies that will support you in a private practice endeavour.
 - To gain an understanding around the various legislations, insurances and personal responsibilities of running a private practice.
 - To explore goal setting and timeline planning.
- Plan Big, but Dream Bigger.

We are bringing successful Recreational therapy private practice business owners together to share their tips on getting started.

Learn how to navigate doing what you do well, while working for yourself.

Our Presenters

Monique Pockran

Monique is the founder of Dahlia Dementia Guidance and Support. Monique has years of recreational therapy experience and qualification. Recently Monique specialised in dementia care an area she has passionately worked in for many years and serving clients living with Dementia. Having just set up her own private practice as a dementia Doula, Monique will be sharing that journey and giving us some tips on planning your own private practice startup.

Dr Kate Neale

Kate is the founder of Digability. A business that is supporting people to explore wellbeing through time spent in greenspaces. Kate will share her journey of starting Digability. Kate expresses that it is a bit of an unconventional journey coming from a research background, but quickly realising a need to be on the ground (and in the garden) with the participants to better understand the impact of Therapeutic Horticulture. This gave her the experience to pivot the business into programming to meet the wellness needs of her clients.

Lesley Fox

Lesley is the ARTA NEC and has a recreational therapy business called Leisure Lifestyle Living. Lesley will share information on the stages of private practice development and the insurance and legislative requirements to be considered and put in place when starting a business. She will be sharing the connection points that can be made to place your new business into the community sector arena.

Dream and goal setting session

There will be a session to explore your dreams and use the SMART goal setting approach in a creative way to plan for your own private practice start up. With additional time for sharing of ideas, networking, and planning strategies to get you started.

It's time to Plan big and Dream Bigger.

Training in line with professional best practice and Recreational Therapy Standards

REGISTER ONLINE!

Log in as a member to receive the discount

CHEQUE:

Payable to:
Diversional Therapy Australia
ABN 84 066 487 821

DIRECT DEBIT

Acc. Name: DRTA Workshops
Bank: C'wealth
BSB: 062281
Acc.:1031 8600.

VISA or MASTERCARD

Phone 1300 113 395 or return the registration form with the details filled in.

A virtual learning event with opportunities to network, exchange ideas and join Australian Recreational Therapy Association! ARTA members receive 5.5 CPD hours for attending this virtual workshop live on the day.

INVESTMENT:

- ARTA Members \$110 (incl GST)
- ARTA Student members \$80 (incl GST)
- Non Members \$160 (Incl GST)
- **Note:** Cancellations require minimum 2 days notice to receive refund.

Cost includes handouts, material & attendance certificates sent via email. A link to the meeting will be forwarded a few days beforehand with any additional information.

Direct debits MUST be confirmed by emailing enquiries@recreationaltherapy.au before links will be forwarded.

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Complete the registration form below and post to PO Box 83 North Ryde NSW 1670 or email to enquiries@recreationaltherapy.au

ARTA member: Y / N Name:

Address:

Phone: (.....).....Mob.....

Email:

Payment Options: VISA/Master Card Cheque/Money order Direct Debit Amount: \$.....

Card Number: Expiry:

Name on Card:

Invoice my work

Org Name:

Address:

FURTHER CONSIDERATIONS:

- Following your registration and a few days out from the workshop you will be forwarded a meeting link including instructions on downloading the required platform. Please ensure that you have access to a computer/laptop/ tablet or phone with a microphone and camera to be able to participate fully. Participants may attend in groups to the workshop where applicable however all participants should be registered to attend.
- If you require assistance with setting up the technology then please contact ARTA.
- Paperwork including the run-sheet for the day with breaks will be forwarded before the virtual workshop begins- this can be printed or saved to your computer. An online evaluation will be sent to you following the workshop to get your feedback.
- PDF's of PowerPoint's and other handouts will also be forwarded before/after the workshop.
- ARTA National Education Coordinator, as the meeting facilitator will monitor the presentation sessions and participants may be muted/un-muted to ensure quality as the presentations will be recorded and edited for future access.
- Questions and comments will be encouraged through the day to enable discussions and networking opportunities.
- **While correct at printing, last minute changes to the program may take place, due to circumstances beyond the control of the organisers.**

