

ARTA VIRTUAL WORKSHOP

“LET’S MAKE PALLIATIVE CARE PERSONAL”

FRIDAY THE 3RD OF NOVEMBER
2023 10.00AM TO 4.00PM

Workshop Learning Outcomes

To gain an improved understanding of palliative and end of life care.
To explore various strategies that support the emotional, physical and spiritual health and wellbeing of someone in the end-of-life journey.

To gain an understanding around voluntary assisted dying.

To explore strategies that support grief and loss.

Our Presenters

ELIZA MUNRO, Gamilaroi woman from The Gwandalan project. ‘Gwandalan’ is a word from the Darkinjung and Awaba language meaning rest, peace or resting place. For this project, the Gwandalan word represents the spiritual aspect of the palliative and end-of-life journey, with the hope that the spirit is at rest and peace as a result of good palliative care and a ‘good death’. Eliza will share on how best to meet the needs of First Nations clients. While gaining a deeper understanding of the impact of death and dying and the importance of connections during this time. Eliza will also share valuable referral information.

JANE MORRIS, Dying with Dignity Victoria, Vice President. Dying with Dignity exists to relieve distress and suffering for Victorians with untreatable, painful, or terminal illnesses. Jane will share on how Voluntary assisted dying is legislated and works for individuals diagnosed with a terminal illness. This topic is one we may encounter in our profession and Jane carries a wealth of knowledge on the process of end of life.



Training in line with professional best practice and Recreational Therapy Standards

REGISTER ONLINE!

Log in as a member to receive the discount

CHEQUE:

Payable to:
Diversional Therapy Australia
ABN 84 066 487 821

DIRECT DEBIT

Acc. Name: DRTA Workshops
Bank: C'wealth
BSB: 062281
Acc.:1031 8600.

VISA or MASTERCARD

Phone 1300 113 395 or return the registration form with the details filled in.

A virtual learning event with opportunities to network, exchange ideas and join Australian Recreational Therapy Association! ARTA members receive 5.5 CPD hours for attending this virtual workshop live on the day.

INVESTMENT:

- ARTA Members \$110 (incl GST)
- ARTA Student members \$80 (incl GST)
- Non Members \$160 (Incl GST)
- **Note:** Cancellations require minimum 2 days notice to receive refund.

Cost includes handouts, material & attendance certificates sent via email. A link to the meeting will be forwarded a few days beforehand with any additional information.

Direct debits MUST be confirmed by emailing enquiries@recreationaltherapy.au before links will be forwarded.

ARTA VIRTUAL WORKSHOP

“LET’S MAKE PALLIATIVE CARE PERSONAL”

**FRIDAY THE 4TH OF NOVEMBER
10.00AM - 4.00PM**



KAREN BOLGER, Manager of Mission & Allied Health at Calvary Kooyong.

Calvary Kooyong prides itself in providing excellent person-centred care during the end of life season and while in palliation. Karen will share on the importance of this time and how we can make this precious time personal.

WORKSHOP BREAKOUTS, sharing and networking innovative palliative care options.

COMFORT CARE KITS, examples of what you can pull together to provide client directed comfort and support for end of life and severe illness care.

LESLEY FOX, ARTA NEC.

Lesley will be sharing on some respectful and creative ways to add impactful leisure and Recreational Therapy activities to your life enhancement programs. With a focus on Positive palliative and comfort care and support for families and friends on the journey alongside their special someone.

Training in line with professional best practice and Recreational Therapy Standards

REGISTER ONLINE!

Log in as a member to receive the discount

CHEQUE:

Payable to:
Diversional Therapy Australia
ABN 84 066 487 821

DIRECT DEBIT

Acc. Name: DRTA Workshops
Bank: C'wealth
BSB: 062281
Acc.:1031 8600.

VISA or MASTERCARD

Phone 1300 113 395 or return the registration form with the details filled in.

INVESTMENT:

- ARTA Members \$110 (incl GST)
- ARTA Student members \$80 (incl GST)
- Non Members \$160 (Incl GST)
- **Note:** Cancellations require minimum 2 days notice to receive refund.

Cost includes handouts, material & attendance certificates sent via email. A link to the meeting will be forwarded a few days beforehand with any additional information.

Direct debits MUST be confirmed by emailing enquiries@recreationaltherapy.au before links will be forwarded.

FRIDAY THE 4TH OF NOVEMBER 2023

Complete the registration form below and post to PO Box 83 North Ryde NSW 1670 or email to enquiries@recreationaltherapy.au

ARTA member: Y / N Name:

Address:

Phone: (.....).....Mob.....

Email:

Payment Options: VISA/Master Card Cheque/Money order Direct Debit Amount: \$.....

Card Number: Expiry:

Name on Card:

Invoice my work

Org Name:

Address:

FURTHER CONSIDERATIONS:

- Following your registration and a few days out from the workshop you will be forwarded a meeting link including instructions on downloading the required platform. Please ensure that you have access to a computer/laptop/ tablet or phone with a microphone and camera to be able to participate fully. Participants may attend in groups to the workshop where applicable however all participants should be registered to attend.
- If you require assistance with setting up the technology then please contact ARTA.
- Paperwork including the run-sheet for the day with breaks will be forwarded before the virtual workshop begins- this can be printed or saved to your computer. An online evaluation will be sent to you following the workshop to get your feedback.
- PDF's of PowerPoint's and other handouts will also be forwarded before/after the workshop.
- ARTA National Education Coordinator, as the meeting facilitator will monitor the presentation sessions and participants may be muted/un-muted to ensure quality as the presentations will be recorded and edited for future access.
- Questions and comments will be encouraged through the day to enable discussions and networking opportunities.
- **While correct at printing, last minute changes to the program may take place, due to circumstances beyond the control of the organisers.**

