

KEYNOTE SPEAKERS



Recreation: **the Missing Piece**



8-9th September 2023
Novotel Parramatta NSW



Jason & Megan van Genderen



Dr Mark Cross

For more information and bookings:



www.recreationaltherapy.au

Recreation: the Missing Piece

Jason and Megan Van Genderan, Dementia Advocates
Keynote Speakers Day 1 Friday 8th September 2023

FILMMAKER JASON VAN GENDEREN IS OBSESSED WITH MAKING HOME VIDEOS ABOUT HIS MOTHER, ACCIDENTALLY TURNING HER INTO AN ONLINE CELEBRITY! MEET THE CREATORS OF THE ONLINE DOCUMENTARY SENSATION – "EVERYBODY'S OMA" (OMA'S APPLESAUCE)

MEGAN: Mother, Carer, Nutritionist

From her youth coaching and umpiring on the netball courts to volunteering in Ethiopia as a young adult, to becoming a step-mum, to finding motherhood herself, right through to reverse-parenting Oma (her mother-in-law) through dementia... Megan has always leant-in to nurture those surrounding her. She is also a Clinical Nutritionist with a Bachelor of Health Science in Nutritional Medicine, and describes herself as a 'ferd' (food-nerd). This passion helps her share the joy of meaningful mealtimes, from food preparation and cooking right through to licking the plate!

JASON: Son + Dad, Carer, Filmmaker

Ever the creative tinkerer, Jason's career has traversed the advertising and media industries right through to being both the director and subject of the 2022 theatrical documentary 'Everybody's Oma.' It was this end journey that had the most impactful resonance on Jason, flipping his career for the role of Co-Carer with Megan and adapting to life inside the heart of a story that had captured the world's media eye. A self-confessed obsessive rule breaker, he's presented workshops at festivals for over a decade and has mentored teams within Apple, Sony, Nokia, Nikon, Google, 7West Media and NewsCorp as well.



Dr Mark Cross, Psychiatrist and Author Keynote Speaker Day 2 Saturday 9th September 2023

Doctor Mark Cross is a psychiatrist with clinical experience spanning three decades. He was the lead psychiatrist on two series of the ground-breaking ABC series Changing Minds. He was also the medical consultant on the eight-part ABC drama series Wakefield.

He's the best-selling author of two books, appears regularly in the media and on podcasts and is the founder of The Anxious Shrink on Facebook, which has reached around a million people - it's anxiety advice that won't make you more anxious.

Mark graduated as a doctor in Cape Town, specialised in the UK, and has worked as a specialist in Sydney since 2005, and is a former board member and current patron of SANE. He holds senior conjoint lecturer positions at the Universities of NSW and Western Sydney. Mark has special interests in sexuality issues, mental health in the workplace and improving the care and quality of life of people with lived experience and is supportive of the work of the health professionals in this room!

In 2015, Mark received the Royal Australian and New Zealand College of Psychiatrists NSW Branch Meritorious Award for his "significant contribution" to psychiatry.

Mark also has lived experience of one of the conditions he treats - he's been anxious since he was four. His empathy and humour make him one of Australia's most loved psychiatrists.

Pre-Conference Workshop Thursday 7th September 2023

Activities, Activities, Activities - a NEW Feast of Takeaway CAFÉ (Creative Activities For Everyone) ideas. A day of practical activities - workshopping through many activities with extras to take away with you.

Takeaway CAFÉ's are an integral part of ARTA workshops. We know the demand for best practice meaningful recreational activity ideas is high on the list of what we need as Recreational Therapists and this workshop delivers just that.

This hands-on workshop will demonstrate a range of Takeaway CAFÉ's ideas that are practical, hands on experiences and those you can do with very few resources. If you attend this workshop you will receive a detailed booklet of all the activities as a resource to use in your practice. Don't miss out on this excellent practical workshop that will enhance your program.

Novotel Sydney Parramatta

350 Church Street - Parramatta NSW 2150

ARTA Special Accommodation Rates

Use BLOCK CODE DIV240822

Located by the river in the centre of Western Sydney's urban hub, Novotel Sydney Parramatta welcomes you to experience comfort with world-class service. Stylish and modern decor provide an urban haven in your room. Enjoy a bright start to your day with a delicious, nourishing breakfast at 350 Restaurant & Lounge off the sunlit Atrium and explore what Parramatta CBD has to offer.

Home to Sydney's second largest CBD, Parramatta is a popular destination for business and leisure travel alike. Offering access to Parramatta CBD and an extensive range of conference facilities, Novotel Sydney Parramatta is perfect for business travellers. Located within Parramatta's cosmopolitan dining precinct, this impressive Sydney hotel also favours leisure travellers, offering access to Riverside Theatres, Rosehill Racecourse, Raging Waters Sydney, Sydney Olympic Park, Westfields Shopping Centre and Sydney CBD.

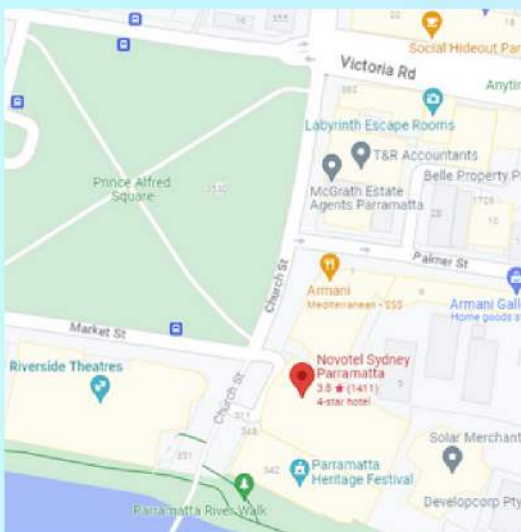
How to get to Novotel Sydney Parramatta

The hotel is a 10 minute walk to Parramatta Station and Ferry terminal.

Bus route 501 runs from Sydney city to pass near the hotel

Car Parking

Car Parking is available on site, entry via Church St. A special discounted rate of \$20 per day and \$30 overnight is available for conference delegates. You will need to have tickets validated at reception before you leave each day.



There are limited rooms available so please book directly with the venue as soon as you can.

Accommodation Dates of stay: From the 7th September to 9th September 2023

Novotel Sydney Parramatta Standard Queen Room - \$209 room only
Novotel Sydney Parramatta Superior King Room - \$229 room only

Terms & Conditions:

The above rates are room only. Breakfast is an additional cost \$25 per person per day.

The rates are valid for the above dates only and non-commissionable to third party.

Open block terms:

Rates are valid till 1st August 2023 subject to availability at the time of booking.

Payment Terms:

Payment will be settled individually by the guests. Credit card to guarantee will be taken at the time of making the booking.

Cancellation Terms:

48 hours prior to arrival free of cost. Anything within 48 hours will be charged 1 night's stay.

*Please note the above information was correct at the time of brochure production but is subject to change



Registration & Booking Page

Full registration for the conference includes morning tea, afternoon tea and lunch on Friday and Saturday, abstract booklet, delegate tote bag, awards cocktail event and trade & poster exhibition.

Prices do not include accommodation or meals outside conference times.

Name:.....

Receipt required in this name: Y () N ()

Organisation Name:.....

Receipt required in this name: Y () N ()

Postal Address:.....

.....

State: Postcode:

Phone W: Phone H:

Mob:.....

Email:.....

Special requirements (dietary, medical or other)

.....

I require (please tick): All prices inclusive of GST

() ARTA member Early Bird (Paid before 30 June 2023) \$469.00

() ARTA Member (Paid after 30 June 2023) \$529.00

() ARTA Student Member \$399.00

() Presenter \$439.00

() Early Bird Non-Member (Paid before 30 June 2023) \$589.00

() Non-Member (Paid after 30 June 2023) \$609.00

() Thursday attendance only \$319.00

() Friday attendance only \$319.00

Contact the office for special group rates for 5 or more delegates

Pre-conference workshop

Workshop - Activities, Activities, Activities a Feast of Creative Activities For Everyone to take away - includes booklet of Activities to keep.

ARTA members \$199.00

Non-members \$249.00

Cocktail Party

Additional Tickets are required to bring guests to the Cocktail Party (Friday 8th September) or to attend Cocktail Party on Day Rate (which does not include Conference Cocktail Party ticket)

\$85.00 - extra guest tickets

Number of tickets:.....

Guest name/s:.....

Payment Total Amount.....

Fastest, easiest way to book and pay!

Go to ARTA website directly -remember to log in if you are a member for those special member rates!

www.recreationaltherapy.au/event-calendar

OR pay by

Direct deposit to: Commonwealth Bank

Account name: Diversional Therapy Australia

BSB: 062 281 Account number: 1031 8600

Please include your FAMILY NAME followed by the INITIALS of your first names i.e. SMITH J.D in the deposit details.

Direct Deposit - Transaction #.....

Credit Card - Visa/Mastercard

Name on Card:.....

Card No.:

Exp:/.....

If paying by direct debit complete this Registration Form and post or email with payment details to:

Australian Recreational Therapy Association

Conference Convenor

PO Box 83 North Ryde NSW 1670

For further enquires T: (02) 9887 5035 Toll Free 1300 113 395

Email: enquiries@recreationaltherapy.au

Important - Conditions of Registration

The following is a condition of your registration for this event: To the extent permissible at law (and no attempt is made to exclude or limit liability imposed by statute, such as the Trade Practices Act, which cannot be excluded or limited), Australian Recreational Therapy Association (ARTA) excludes liability for and you agree to release ARTA from all loss, damage and injury suffered by you as a result of:

- the negligence, occupier's liability or other tort of ARTA and any third party involved in staging the convention, including but not limited to the owner or operator of the venue,
- caterers, sponsors, speakers exhibitors and providers of accommodation
- any changes to the format, timing or content of the conference or the identity of any speaker;
- any utterance of any speaker or delegate at the conference, including any defamatory utterance; and
- cancellation of the conference due to circumstances beyond the control of ARTA.

You acknowledge and agree that the owner or operator of the venue, caterers, sponsors, speakers, exhibitors and providers of accommodation and other third parties who are involved in staging the conference are not the agent of ARTA and ARTA will not be vicariously liable for their acts and omissions. Also, while ARTA is proud to have the trade exhibitors, the fact of their presence at the conference may not be interpreted as an endorsement of or assertion of affiliation or sponsorship with the exhibitors by ARTA.

You acknowledge and agree that information provided in this brochure (including but not limited to information concerning possible accommodation) is provided for convenience and information only and you will make your own enquiries as to the suitability and cost of such things. ARTA may make changes to the format, timing or content of the conference or the identity of any speaker without notice. ARTA will make reasonable endeavours to provide suitable replacements if speakers cannot attend, but will not be liable in that event.

CANCELLATION POLICY: To be eligible for a 75% refund, cancellations must be submitted in writing prior to 21st August 2023. No refund will be made for cancellations after this date. If a delegate is unable to attend due to work or personal circumstances, a substitute is welcome to attend in their place, please notify ARTA of the change ASAP to ensure all documents have correct names on them.