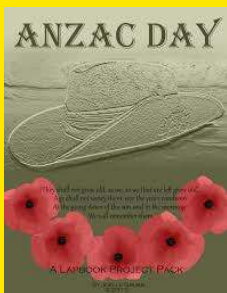


Wellness through Leisure

*A community
Campaign
for DT Week,
Conference
and beyond!*



Don't Miss out on these workshops!

- *Regional Coffs Harbour workshop
17th April*
- *Prof Sherry Dupuis Sydney
Dementia Workshop 24th April*



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**DTA 2015
National Conference**

Location
Gold Coast QLD

Date
15 - 17th October 2015

Theme
Wellness through Leisure

President's Piece

This month we acknowledge the Anzac Centenary. This is a significant commemoration and a time to honour and reflect upon the service and sacrifice of all those who have worn our nation's uniform - past and present. For many DT's this meaningful event forms part of their scheduled programming. An important legacy resulting from the Anzac Centenary national programme is the Spirit of Anzac Centenary experience - a National travelling exhibition which is free to attend. All the details are on the Anzac Centenary website <http://www.anzaccentenary.gov.au/>, I encourage you to visit this site; it is of value to each of us personally and also has the capacity to support your Anzac planning.

The DTA Board, Executive Officer, and Office continue to work on the Wellness through Leisure campaign. This month sees the launch of the DTA trade directory. A brilliant resource, this directory will quickly build to a one-stop-shop for all your DT resource needs. Take the time to check it out and please let the office know if there are areas you would like to see filled, or if you have a resource which could be included.

The Board and Office are always looking to meet the needs of members, and we have listened to your feedback. The DTA website has a new refreshed look, and in responding to you, have included even more resources. Log in to the members area to check this out!

For some time, Diversional Therapists have discussed being part of the private allied health services. In order to be part of this process, there is a process which must be followed in applying for a Medicare provider number. DTA is keen to hear from anyone who is looking to the future and to private practice; the Board and Executive Officer have begun developing resources to support members along this pathway, but we need a group in interested members to drive the process.

DT week is held in May each year. Start planning now so that you can present your role and your chosen field to your fellow employees, your direct line managers or senior staff, your clients or potential clients or to your community. The DTA website has resources to support you in this. Too often the Board hears negative comments from member on how their role is not recognised and supported - this is your opportunity to make a change! Write up a short piece after DT week and submit to the newsletter - this is a great way to share how you have celebrated DT week!

Regards,
Louise Absalom
President

Conference Report 2015

So far we have achieved

- **Location - Gold Coast QLD**
- **Date - 15th 16th 17th October 2015**
- **Theme - Wellness through Leisure**
- **Subthemes - "community leisure"; "Person Centred Care"; "role of leisure in psycho social health & the practice of enablement"**
- **Core Team - Katrina, Judy, Glenda, Margie + others from Gold Coast Network Group**
- **Venue - The lovely Mercure Gold Coast Resort**
- **Call for Papers - our first distribution started.... Visit the website for the Call for Papers document on the Events page**
- **Pre-Conference Workshop - Activities Activities Activities**

Diversional Therapy: Wellness through Leisure

Go to www.diversionaltherapy.org.au
explore the new developments!

Improvements to the website underscore our efforts to promote the profession through this Campaign. See the latest updates and changes for yourself! We now have a Trade Directory Tab which is building into a one stop shop for members to find the right suppliers, fast!

Support our Trade partners who support DTA!

Another Online Learning module is about to be added. Don't forget to complete these basic modules - they will give you 1PD point each.

Diversional Therapy Week

DT Week 2015 is May 11th - 17th and it is almost here! Time to get those DTA Posters up on the wall - they are on the website in A3 and A4 sizes ready to download and print off.

If any members do not have access to a printer - Call for Help! Contact Diana at the office and request her to print you some up - we will just need \$5 by Visa card to cover the expense of printing and posting out to you!

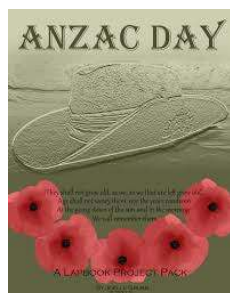
See the other resources there.... It is all on the web members log in to access them

Wellness through Leisure

DT WEEK

11th - 17th May 2015





They shall grow not old,
as we that are left grow old.
Age shall not weary them,
nor the years condemn.
At the going down of the sun
and in the morning
We will remember them

ANZAC Day commemorates
New Zealanders and Australians
killed in war and honours returned
servicemen and women



Australia and New Zealand will come together spiritually in remembrance on April 25th 2015 when we celebrate the mateship and courage of the 100th Anniversary of ANZAC Day. DTA and NZSDTINC hold a Memorandum of Understanding and offer member rates to attend conference at each other's conference events - Mates across the ditch. DTA treasures our connection with New Zealand.

Where did the word 'Anzac' originate?

Historically, ANZAC (Australian and New Zealand Army Corps) was an acronym devised by Major General William Birdwood's staff in Cairo in early 1915. It was used for registering correspondence for the new corps and a rubber stamp was cut using the letters A.&N.Z.A.C.

After the landing at Gallipoli, General Birdwood requested that the position held by the Australians and New Zealanders on the peninsula be called 'Anzac' to distinguish it from the British position at Helles. Permission was also sought to name the little bay, where the majority of the corps had come ashore on 25 April 1915, 'Anzac Cove'. The letters now were upper and lower case, indicating that the original acronym had already found a use beyond that of a military code word or corps designation.

(source: <http://www.anzaccentenary.gov.au>)

Barunga Village "In Concert" - an Anzac Day Special Event!

Barunga Village is an Aged Care facility in the small sea side town of Pt. Broughton some two hours north of Adelaide in South Australia.

As part of our regular activity program here, we have a choir made up of approx. 25 residents. We practice weekly on Tuesday mornings. After about 3 months of regular practice we put on a concert for the other residents in the home as well as other community members. In the past few years we have performed at the local RSL Club (for the Anzac Concert), as well as other aged care facilities in nearby towns and at Christmas time we perform as part of the Christmas festival held each year in the town.

The choir members are absolutely amazing. Each of our concerts is about an hour in length, of continuous singing. They love performing in front of a large audience, which in a small town is often hard to achieve. They love being part of the choir and they love their singing. At times I am amazed at how good a job they do - they seem to lift in their enthusiasm when the concert day arrives.

This year, for the choir's Anzac concert, I wanted to do something special for the residents that we hadn't done before. So I thought why not involve a nursing home in New Zealand? Australia and New Zealand are the two main countries that make up the Anzac tradition and this year is even more important as it is the Centenary of the Anzac tradition beginning.

I set about emailing nursing homes in New Zealand and after 2 weeks of no replies I threw caution to the wind, picked out a home off the internet and gave the home, which was the Radius Fulton Care Centre in Dunedin, on the South island of New Zealand, a phone call.

Getting a phone call from a fellow Lifestyle coordinator in far off South Australia was probably the last thing Beth Sizemore, the Diversional Therapy Coordinator at Radius Fulton, expected that morning!

I explained my idea to her, which was to do a Skype link up for our choir's Anzac Concert. She was thrilled to receive my phone call and thought it a wonderful idea to involve her home in Dunedin with ours in Pt. Broughton, for the concert.

For the record, the concert will be on the 24th of April and will start at 10.30am South Australian time - 1pm Dunedin time). The President of our local RSL Club will deliver the Anzac Ode before our Chaplain Barbara Jeeves gives a short prayer. The choir will then sing the New Zealand National anthem followed by the Australian Nation Anthem. The choir will then sing a selection of their favourite war time songs.

At the conclusion of the concert, I will give a closing address followed by the choir and their audience, both in New Zealand and here in Pt. Broughton, singing Now Is The Hour, which is also known as "The Maori's Farewell".

Our residents at Barunga Village are very excited at having the opportunity to sing to the audience in New Zealand this year. The regular practices each week, and then the concerts each year, bring all the residents at Barunga village together with the community. Whether they like to sing or just like to listen, we love to have them taking part in the choir performances. The choir members know they are part of something very special.

I would like to thank Beth Sizemore of the Radius Fulton Care Centre in Dunedin for her enthusiasm from the start of the project. I am sure it will be a wonderful day, and I think there is no reason why we can't make it a regular event each year.

Submitted by Darren Robinson, Lifestyle Coordinator at Barunga Village, SA and DTA Tas Board Rep.



National Workshop programme news and updates

QLD Brisbane Workshop 13th March 2015

I think all 45 delegates would agree that the DTA workshop in Brisbane was a very productive and positive experience.

The workshop certainly provided attendees with skills and knowledge that would enhance their practice.

The full-day workshop included excellent and varied presentations including:

- The Australian Aged Care Quality Agency discussing accreditation information related to standard 3.
- Alzheimer's Australia QLD Younger Onset Dementia Keyworker discussing the role of the National Younger Onset Keyworker Program.



- Promoting families and partnerships.
- The art of volunteering.
- The skills of networking.
- Activity ideas and inspiration for special events.
- New and creative activity ideas with the takeaway café.

The delicious morning tea and lunch periods provided delegates a chance to network, converse with presenters and purchase activity resources. I am sure new friendships were made during these breaks.

Thank you to everybody that attended this workshop and completed the survey which will assist the DTA to utilise the feedback or suggestions of our members. The feedback we received was very positive



Sherry L. Dupuis, Ph.D.

Sherry Dupuis is the former Director of the Murray Alzheimer Research and Education Program (MAREP), and a Professor in the Department of Recreation and Leisure Studies at the University of Waterloo. Guided by an authentic partnership approach and a number of years experience working in long-term care, Sherry's research program has focused primarily on identifying ways to improve the quality of the lives of persons living with dementia and their families and to ensuring that the voices of persons with dementia and their informal and formal partners in care are actively included in research, education, and practice.

Sherry is also committed to research as a means of triggering personal transformation and social change. Thus, she is interested in exploring arts-based approaches

to research and alternative representations of research results that make research findings more accessible and more effective in shifting images and understandings of dementia and actions in dementia care. Her most recent examples include "Re-imagining Dementia Through the Arts", a community arts-based project that resulted in eight visual and poetic expressions of dementia from the perspectives of persons living with it and their family members, and "Cracked: New Light on Dementia", an innovative research-based theatre production that casts a critical light on society's one-dimensional view of dementia as an unmitigated tragedy. She is also currently a Co-Principal Investigator on a close to two million dollar research initiative focused on culture change in dementia care funded by the SSHRC Community-University Research Alliance (CURA) program and the partners of the Partnerships in Dementia Care (PiDC) Alliance.

HOT NEWS!! Prof Sherry Dupuis workshop at North Ryde in Sydney - she has generously agreed to present for half day at the dementia focus workshop 24th April

Proposed* Workshop Dates 2015

17th April NSW - Regional - Coffs Harbour

24th April NSW - Special Presentation - Dementia Focus with Prof Sherry Dupuis (Canada)

16th May WA - Perth

22nd May VIC - Melbourne

29th May NSW - Regional - Orange

12th June QLD - Regional - Far North Queensland

26th June SA - Regional - Port Pirie

17th July TAS - Launceston

31st August VIC - Regional - Hamilton

4th September ACT - Canberra

18th September VIC - Regional - Shepparton

15th October - National Conference workshop - Gold Coast

14th November WA - Perth

17th November NSW - Sydney/ North Ryde (on day of the AGM)

***IMPORTANT:** These proposed dates are subject to change depending on final arrangements.

Members Articles

HAMILTON: THE GRANGE HIGH TEA

Submitted by Carol Holmes

On the 19th June 2014 Grange Residential Care held a Queens Birthday High Tea for the residents. We are a High care facility being part of Western District Health Services in Hamilton, Western Victoria. Around 28 residents joined us for the afternoon.

Preparations started weeks before with the community helping out in different ways. The local Dramus Company in Hamilton provided costumes for the Queen to wear and one of the local junior schools were invited to draw castles and these were the decorations that were placed around the room. There were many varieties of castles and this provided much interest amongst the residents. This also provided the back drop for our High Tea.

The day arrived with the activities room being turned into a beautiful room with golden balloons hanging from the ceiling and the tables being decorated with gold tinsel and red and white serviettes in the English theme. The last of the red roses were selected out of the garden and these were placed in the centre of the tables to finish the tables off.

Staff were involved as our Ward Clerk became the official photographer complete with a press pass slipping through the room taking many pictures of the event. Nurses also joined in on the fun staying to enjoy the event that was unfolding.

Residents dressed up in their finery and jewellery and excitedly came to the activity room where they were seated by two volunteers wearing black maid costumes complete with white paper doilies in their hair. Two residents became the Queen Mother and the Queen Royal complete with scarf over the hair. Many interesting hats were worn and new outfits were worn and all of the residents looked wonderful.

Finally with everyone seated 'God Save the Queen' was played over the intercom system and our Queen aka Gail (one of our volunteers) sashayed into the room complete with crown, moving through the room talking to the residents. Bows and curtsies were attempted as Queen Gail came into the room. There was so much laughter and chatter in the room with Queen Gail delighting her subjects with many witty anecdotes and sayings. Conversation was bantered between the residents and Queen Gail with the replies on both sides providing much enjoyment as residents embraced the High Tea performance.



A throne was placed in the activity room with a Scottish blanket and gold cover to make the throne complete. Queen Gail sat here and oversaw the proceedings.

High tea was served complete with china teapots and tea leaves, lemon slices, creamers and jugs for the majority of the facility. Ribbon sandwiches, meringues, scones with jam and cream, finishing with jelly cakes were served around the room with resident's appetite increasing with every round of the maids. There were so many choices that many residents just had a piece of everything and seconds on the most enjoyed food.

Some residents that do not attend many activities came into the Activities room just to see the Queen and this was wonderful to see as their faces lit up with their chance to have a picture with Queen Gail as well as eat some of the wonderful food that was to offer.

Many of the residents needs were met this day as there was meaningful conversation, increased appetite, sensory stimulation, social interaction, as well as a lot of fun and enjoyment.

Residents were still talking about the day that evening and the days that followed. Many photos were taken with some residents lining up to have their picture taken with Queen Gail.

This was a wonderful enjoyable activity, one that we hope to repeat next year on the Queen's Birthday month.



Allies of good health care speak out

AHPA Board Management Meeting Report 3rd March 2015

Report to DTA Board- Margie Kennard EO

Highlights of March Board Management Meeting.

Mark Cormack, the Federal Chief Allied Health Officer attended the first hour of the meeting as AHPA's invited guest. This is one of several positions he holds in the Department of Health including, Primary and Mental Health, Strategic Health Policy and acute care (including dental).

Since October 2014 there have been many changes in the department. Mark's role is one of the new appointments and the parliamentary Secretary now for Health is Martin Bowles. The newly completed Department Capability Review uncovered several areas that needed improvement. A lot of planning and policy is there but all separated by the way they are planned - often independent of each other. Also there is an agreed need to engage more with industry stakeholders.

Primary Health Networks are an important new area - (they have changed from Medicare Local). We can basically expect bigger organisations over a larger geographic area. Some of them are old Medicare Locals who have reinvented themselves to comply with the Primary Health Network criteria and some are new. The main deliverable for these groups is governance - and they MUST have a Clinical Council with Allied Health as well as the Doctors and Nurses who were the only members in the past. However, how many and which Allied Health practitioners is a question. Positions on Clinical Councils of PHNs is an issue DTA is trying to input into.

Expanded Scopes of Practice

Mark Cormack was questioned on prescribing rights of Allied Health Professionals. He pointed out that Qld was forging ahead on getting prescribing rights and other states may have an interest - but is it rolling out nationally? To condense Mark's response, the work is all done, but no federal action is planned in this direction.

Direct Referrals from and to Specialists

Some AHPA members (Chiropractors, Osteos, Physios) had identified a costly "loop" in the health system where patients were forced to go back to a GP just to order an xray of an affected area, then go back to the GP again and then be referred back to the Allied Health practitioner before they can start working on the patient's issue (to allow it to be covered by Medicare). Mark Cormack asked the question - why do you care? what is in it for physios? This was great because the answer was - "nothing" - the benefit is primarily for the patient to receive more prompt treatment and also for the health system in saving unnecessary medical visits. A great point was made about the savings that Allied Health can represent to the system.

An issue of direct referrals from and to specialists can affect DTA members in private practice. This principal could potentially allow eg. psycho-geriatrician or clinical psychologist to refer directly to a DT rather than go around a loop repeatedly involving a GP.

Results of NRAS Review

NRAS (National Regulation and Accreditation Scheme) which oversees all national accreditation bodies, was described as another 'siloed' scheme that needs work. The release of the review on this was more vague - a few months away. AHPA is looking into a National Framework of Self-Regulation which AHPA purports needs to sit alongside the regulation bodies. DTA wants to be involved in this initiative.

Paul Madden is Custodian of Data sets for the Health Workplace Data and the Person

Training in supervision for Allied Health Professionals.

(This relates to training for new professionals who are qualified - not students and is not mentoring - it is a training module that can be done online that trains people to supervise new professionals in the workplace.) It is hoped to be fairly generic and usable by most Allied Health Professions. It will be a result of work by a subcommittee of AHPA. AHPA person is Gail Mulcair. APA has this and it is offered in two tiers - Basic and Masterclass. It is usual practice for psychologists but not many/any others at the meeting.

Medicare Provider Numbers

ESSA (Exercise & Sports Science Australia) have led an AHPA subcommittee looking into Medicare Provider numbers, their use for Dept Veteran's Affairs and the Use of them by Private Health Funds. The work they have done already show that DTs need Medicare numbers and certainly should be able to get them. There is an issue with "mobile" practitioners in that they want a practice address. This is not relevant to many Allied Health Professionals as they need to be mobile in delivery of their treatments. Private Health Funds will not accept this, however, it has been determined that, by providing an address for the practice - a Medicare number will be issued and the Private Health Providers will accept a claim if it has the Medicare number! DTA will try to also look into Private Health Rebates along with Medicare Provider Numbers. Medicare is about to produce a clear document to clarify the details around getting a Provider number for a home-based or mobile practice. DTA is keen to see this document!

Attendance at next Meeting April 7th 12:30pm

Margie will be attending the next meeting on April 7th which is the AGM as the Minister for Health and Sport, Sussan Ley has agreed to attend and speak.

Can You help?

Japanese Study Tour

Are you interested in being part of a DTA working party to support the International Liaison portfolio in planning this Japanese Study Tour? If so please put your expression of interest into the DTA Office.

Also the DTA Board are seeking expressions of interest to go on the tour. So if you are interested can you please contact the DTA office to register your interest.

Horse Therapy for Children and Young People

Are you interested in helping?

I would like to develop a horse therapy group for children and young people who have experienced trauma. If there are any DT's who would be willing to be a part of this then I would welcome their contact at my office on 8382 0066 or my email desc@sdvs.org.au

Much appreciated.

Kind regards,



Desarae Chandler | Children and Young People's Advocate,
Southern Adelaide Domestic Violence Service
P 8382 0066 | F 8326 5980 | E desc@sdvs.org.au
PO Box 188, Christies Beach SA 5165

DTA Private Practitioners NEW Network Group needs you!

This new Network Group is almost ready to start up meetings will be by either phone hook up or email. Please send your name and contact details through to the office so Katrina Vuori, our national Network Group Coordinator can get started!

DTA Journal

Are you interested in resuming the DTA Journal? The Board are seeking expressions of interest for positions on the Editorial Board. Please forward your expression of interest to the DTA Office, outlining your experience in this field, or why you would like to be involved in this process.

DTA Portfolios

DTA are looking for volunteers interesting in participating in working in small teams on the following portfolios are Education, Marketing, International Liaison, and Membership Growth.

Each Portfolio is directed by a Board member, however, open to any member. Some projects each portfolio are involved in are short term and some are longer in duration, so there is the capacity for a member to be part of the portfolio for just a short term or longer term if they wish.

Please send your expression of interest to the DTA Office with the heading of which portfolio you are interested in.

FREE!

Free DT Resources – a mixture of Books and activity items

Box of DT assorted resources and books - excess to needs at office in Sydney. We are happy to give away but you will need to pick them up from locations at the office at North Ryde or can be in Belrose if that is easier!

Contact Diana at enquiries@diversionaltherapy.org.au

Member Hint

Individual Assessment Tools

From personal experience whenever I undertake an assessment I always find out if people are left or right handed. I do this due to embarrassing situation when I assisted a nonverbal client cut, peel and chop fruit. I assumed the client was right handed as they needed assistance I helped them with their tasks right handed. This is difficult but I have learned to adapt as I'm left handed. Long story cut short the client also was left handed and what could have been a more enjoyable

experience for both of us was difficult. I have now learnt never to assume when working with clients. I always note if they are left or right handed. I find it amazing how many staff have no idea what a persons preferred hand is. Personally this has been one of the best lessons I have learnt.

Submitted by: Vicki Greico

Thanks Vicki great tip! – Ed

Do you have a tip to share please send in your helpful tip c/- Newsletter Editor



Book Review with Laretta Kaldor



Making a Difference book 3 (includes a DVD)

Individual Cognitive Stimulation Therapy- a manual for carers

Authors Lauren Yates, Martin Orrell, Phuong Leung, Aimee Spector, Bob woods and Vasililki Orgeta

Publisher The Journal of Dementia care 2015

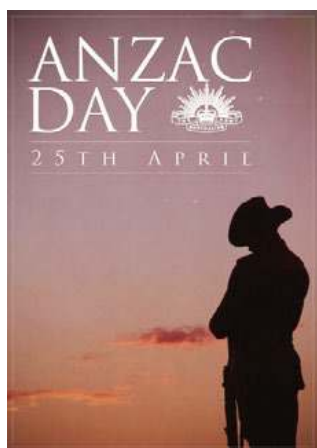
Individual Cognitive Stimulation Therapy or ISCST is described in this book. The bulk of the book are programs and suggestions of 75 sessions that can be used as a one-on-one program 3 times a week for 25 weeks for a person with dementia living at home. All the programs are prepared with quizzes, pictures word searches ready to use. The quality of the pictures is excellent and easy to adapt to any

reminiscing recreation program. The book itself is a high quality ring folder and easy to use for photocopying. The DVD shows carers actually doing the programs in a very relaxed and pleasing way and easy for any staff to model with their family member or client.

The programs would be easy to adapt to individual persons in a retirement village or nursing home or small group activity.

I endorse this book for anyone who wants to experiment with doing one-on one with a client living with dementia. The programs suggested might encourage a therapist to write and create more programs better suited to the Australian environment.

Emma Preston's Top 10 ANZAC Day Activity Ideas



1. Hold an ANZAC Day Ceremony
2. Make a wreath to lay at a ceremony at either your facility or local memorial
3. Organise some school children to come in and talk to the returned servicemen
4. Talk about Australian slang words
5. Talk about the Anzac symbols
6. Visit a museum
7. Order a memorabilia box from the Australian War Memorial
8. Go to the Australian War Memorial website and download lots of free activities under the education tab <http://www.awm.gov.au/education/>
9. Cooking Make Hard Tack the recipe can be found here <http://www.awm.gov.au/education/schools/resources/hard-tack/>
10. Australian sing along

Visit www.anzaccentenary.gov.au for 100th Anniversary ideas

Journal Watch



Title: Preliminary Outcomes of a Pilot Therapeutic Recreation Camp for People with a Mental Illness: Links to Recovery

Authors: Lorna Moxham, Susan Ann Liersch-Sumskis, Ellie Taylor, Christopher Patterson, Renee Brighton

Journal: Therapeutic Recreation Journal, Vol 49, no 1

Abstract:

Many people who live with a serious and enduring mental illness describe them-selves as leading sedentary and highly routine existences as a result of the constant need to manage symptoms of their illness. Twenty-seven people with a lived experience of mental illness volunteered to participate in a pilot Therapeutic Recovery Camp project. The camp aimed to envelope consumers in an experience of therapeutic

recovery via a strengths based five-day outdoor camp held in the Australian bush. The opportunity to get out of their comfort zone by participating in physically and mentally challenging activities appealed to many camp participants due to inactivity and unchanging daily existences. Individual participant expectations were collected via a survey pre-camp and the degree to which these were met was measured post camp using a Likert rating scale. Consumers rated the camp as a success. Participants took full advantage of the challenges while also embracing the stress caused by leaving their comfort zone. Overall, engagement in therapeutic recreation as experienced during the Recovery Camp facilitated a sense of purpose toward overcoming challenges brought about by living with a mental illness. This is an important component of a person's recovery journey.

Web Watch



Two websites that link into this month's journal article are the University of Wollongong

<http://globalchallenges.uow.edu.au/living/UOW182473>

and the Illawarra Mercury

<http://www.illawarramercury.com.au/story/2241173/back-to-nature-the-healing-power-of-recovery-camp/>

Media Watch

Information Kit and details of the newly developed site, the Great Australian Story. <http://www.greataustralianstory.com.au> It is open for anyone to write and share to it, and as we are just starting to reach out it would be a great help if you are able to distribute it to people in your network and beyond, we would love to include their stories.

The attached Introduction addresses most questions, but the story guidelines are:

1. Written by an Australian about a real-life experience.
2. The stories to be presented in a story-telling context ie a personal perspective.
3. Up to 1800 words.

The main points are the authors retain ownership and copyright of the material, which is then promoted by way of social media, and potentially broader networks.

In order to publish their story an author will need to be set up online, they can do this themselves but if they prefer, they can fill out and send back the attached forms and we will do it on their behalf. If they do opt for us to assist we will need:

1. Photo of the author
2. A short bio
3. The story (up to 1800 words)
4. A picture to accompany the story

It's all there in the Information Kit, along with the Terms and Conditions. If there are any other contacts you can think of, please feel free to pass this on.

Let me know if you have any questions at all.

Kind regards

Claire

02 8005 0105

The Team at the Great Australian Story

From The Editor

This month's newsletter will find you during the celebrations of Easter and the upcoming ANZAC Day a busy time for a lot of facilities planning activities.

This month's journal watch is an Australian submission and worth a read in regard to providing wellness to others and the two websites link into this pilot project for those that work in the area of mental health and want to have a closer look at what the project is doing.

I have made the move from NSW to Tasmania - a real "sea change" living on the North West Coast. They say that the sea soothes the soul so not only will I be taking in the

fresh air but re-entering the workforce and putting my DT stamp on a new career so I thank Margie for stepping in and finishing the final touches to this newsletter edition while I made the big east coast move!

Finally, our newsletter is what we make it to be so please consider submitting articles, activity ideas, photos, recipes, book reviews or anything else that you may feel is relevant to the world of Diversional Therapy.

'til next month.

The Ed

Call For Papers



12th Biennial ANZALS Conference

9 December - 11 December 2015

Adelaide, South Australia

Themed Session Call for Papers

Is therapeutic recreation adding to peoples human rights, or taking away those rights?

Chair: Nicole Peel (University of Western Sydney)

Theme focus: Australia is at the bottom of an expanding market for the Therapeutic Recreation professional for many reasons. Firstly therapeutic recreation student numbers and undergraduates of Universities continue to increase. Secondly, Australia's population continues to age. With these two simple changes are we implementing good evidence based programs with our clients that actually contribute to a healthy outcome for the individual and their community or are we just merely running through a process that is not understood and benefits employee's and government funding bodies. Has the practitioner at the coal face with clients every day neglected the need for leisure as a human right over compliance and employee self-satisfaction.

Session format: The session theme format would be a practitioner workshop where current practitioners working in therapeutic recreation sector or utilizing recreation for health improvements would present their current program as interactive as possible then allow for questions and audience members to add in their thoughts.

Abstracts should be 250-350 words clearly indicating the following information:

- Author name(s) indicating position and affiliation as well as full details of correspondence author.
- Full paper title as it will appear in the conference programme.
- Abstract including Background (outline of the context/literature informing the study or issue), Approach/methodology (indication of the broad theoretical orientation and/or methodological approach) and Significance/Key learnings (description/application of findings or key learnings).
- Full references for any research cited in the abstract (no tables, figures or footnotes).

Abstracts using Word format are to be submitted to Nicole Peel (n.peel@uws.edu.au)

Deadline for abstracts is Friday 29th May 2015



Diary Dates

Australian Government Department of Health

<http://www.health.gov.au/internet/main/publishing.nsf/Content/health-pubs-calendar-index.htm>

NSW Health

<http://www.health.nsw.gov.au/calendar/pages/default.aspx>

WA Health

<http://www.whatson.health.wa.gov.au/month.cfm?month=7>

TAS Health

http://www.getmoving.tas.gov.au/__data/assets/pdf_file/0017/82403/2014_HEALTH_WELLBEING_TASMANIA_CALENDAR.pdf

Vic Health (Better Health Channel)

<http://www.betterhealth.vic.gov.au/bhcv2/bhcsite.nsf/pages/events?open>

QLD Health

<http://www.health.qld.gov.au/news-alerts/events/>

SA Council of Social Services

<http://www.sacoss.org.au/sites/default/files/public/documents/2014%20Awareness%20Weeks.pdf>

NT Health

<http://www.health.nt.gov.au/index.aspx>

ACT Health

<http://health.act.gov.au/home/>

Our Community

<http://www.ourcommunity.com.au/calendar/>

Australian Government Department of Social Services

<http://www.dss.gov.au/our-responsibilities/settlement-services/calendar-of-cultural-and-religious-dates>

and each states tourism websites.

* Please note when governments change department names may change or merge and therefore websites may also change.

Toll free 1300 113 395

enquiries@diversionaltherapy.org.au

www.diversionaltherapy.org.au