

Newsflash!!! Newsflash!!! Newsflash!!!

**Conference Earlybird Rate
extended to July 14th...
don't miss this great rate on
Adelaide Conference**

**NEW! Conference Program
- just released!**

In this Issue

July 2014

- 📌 NEWSFLASH - Adelaide Conference - Page 3
- 📌 AHPA Board Management Meeting - Page 4
- 📌 National Aged Care Alliance Meeting - Page 4
- 📌 National Workshop Programme News- Page 5
- 📌 DTA National Network Group - Page 7
- 📌 Members Articles - Page 8
- 📌 Journal Watch - Page 10
- 📌 From the Editor - Page 11

*Adelaide Conference
Earlybird Rate
extended to
July 14th...*

Register NOW!



President's Piece

Hello Fellow DTA Members,

I hope while you are reading this, you have in your hand a steaming coffee or hot chocolate! It has certainly been cold around the country over the last few weeks.

Around this time of year, the Board review those positions which might be eligible for re-election at the AGM in November. These will be discussed in further detail in the next few e-newsletters.

Along with this review, is also a review of the DTA Portfolios. The Board manage five portfolios – Governance, Marketing, Education, New Memberships, and International Liaison. The concept behind the portfolios is that they should be a way of sharing the load in terms of tasks, whilst also ensuring momentum in terms of getting the jobs done.

A Board member heads up each portfolio, and generally there will be at least one other Board member involved, however, each Portfolio, except Governance (which sits with the Board Executive), is open to all members.

Each portfolio will have varying tasks and these will alter over time. For example, a portfolio might be working on 5 different tasks. Some will be short term, some will be longer duration, and some may continue over several years. So, what does this mean to you? Let's assume you had an interest in Marketing. You might be involved in a very short term project, say 3 months from start to completion, or you might be involved in longer term projects as well. IT is up to you and how much you feel you can be involved. The idea is that this allows you, the members, to have some involvement with the Board and the issues the Board concerns itself with, but on your own terms of time available. I would encourage you to consider if you have some time to put to a project; there is a range on offer across each of the Portfolios, and I can assure you that you will find

the experience of being involved in your Association a rewarding and worthwhile time. Involvement in these types of interests also supports your CV and demonstrates your commitment to your chosen career. This offers a favourable outlook of you as a person, and your sense of commitment, and is valuable information for prospective employers.

If you would like to find out more, or talk to a Portfolio leader about what projects they are currently working on, please contact the office. Each portfolio is unique, so please consider if you would like to take a little closer look at how your Board works.

The conference planning continues to simmer along; the 2014 event is developing into a magnificent opportunity for networking and learning. Please confirm your commitment to attend ASAP, as there are limited places available. I can also report that we are expecting a strong group of DT's from Japan; what a great opportunity for networking at the national level!

Along with growth, comes change. I am saddened to report to the member base that DTA VP2 Kate Nolan has resigned her position, due to her heavy workload and her ongoing commitment with the Australian Parachute Federation. Kate has been a strong and passionate supporter of DTA for quite a few years. The Board wish her every success in her future endeavours.

Regards
Louise Absalom
President DTA

Expressions Of Interest

DTA is calling for Expressions of Interest for Volunteer Website Editor (and Assistant Editor) to work with a small team to maintain and improve DTA website. The role would involve about 6 hours per month of work on DTA web.

Instruction in DNN web editing would be given.

This role would earn 25 PD points per year!

This important role would involve, the joy of working with a small DTA team, nail-biting deadlines and a real contribution to YOUR DTA!

Please contact DTA office if you would like more information or to register your interest.



Newsflash!!! Newsflash!!! Newsflash!!!

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DTA Adelaide Conference 2014 Program

NEW! Conference Program - just released!

An unmissable feast of DT!!

Come to a PreConference Workshop -
limited places....

Bonus mini presentation by
Dr Helene Popovic for workshop attendees

Day 1: Friday 19th September 9:00- 5:15pm	
Keynote Address Dr Caroline Ellison	
Daniella Greenwood: Freedom and Choice: Leisure in the context of Consumer Directed Care	
Morning tea	
Debra Reidel: Never too old to have fun - a diverse, interesting, dare we say fun program	Takako Serizawa: The word of "Leisure" did not exist in "serious-minded" Aged Care in Japan....
Vicki Bridgstock: Silver Memories Nostalgia Radio Service - Music Reminiscence Therapy that really works!	Kylie Rice: Sailing into Calmer Waters. Implementing a Sensory Room
Lunch	
Michelle Vella: The 'Colour My World' program - a wellness model in aged care	David Mas: Are service providers age appropriate? The role of the Younger Onset Dementia Key Worker from a DT perspective
Afternoon tea	
Sue Auricht: A Room with a View	Dr Alf Colvin presents....stretch your thinking for this one!
Dr Leon Earle - My work on Christmas Island Special presentation	

Day 2: Saturday 20th September 8:45 - 4:15	
Keynote address Dr Robert Thornton	
Leisure bite Bronwyn Ellis: Talk About Having Fun..... Seriously!"	
Leisure bite Sandra Reeve: Worry Free Welcoming Ideas-Adopting a customer service approach	
Morning Tea	
Carol Lowden: Creating a Vibrant Community	Rebecca Day: But... There is just not enough time!
Rachael White: The Importance of Music in aged care and palliative care	Toni Wallwork: Being 'multiracial' - another challenge in the delivery of aged care
Lunch	
Ernest Buckley: "Is Less Best?" When facilitating activities for people with Dementia (particularly high, very high, extreme levels)	Glenda Kubler: Using a kaleidoscope of words for a healthy brain - Implementing stimulating word games and activities "BRAIN GAMES"
Afternoon Tea	
Andrew Hewitt: TRAPD - The Rhythmic Arts Project Down Under -teaches participants with various disabilities using hand drums and percussion instruments - practical technique demonstration	
*NB - Programming is subject to change without notice	

Pre Conference Workshops - limited numbers don't miss out! DTA Adelaide Conference 2014

Both amazing workshops include morning tea lunch and afternoon tea - but you have to choose!
Which one can you bear to miss out on!??
Limited numbers **Book early!**

Workshop 1: Thursday 18 th September 9:30-4:30pm
All Day Workshop Music & Art
This workshop immerses you in practical, creative activities from the arts perspective with Dr Loretta Quinn and Paula Gillespie-Fotheringham

Workshop 2: Thursday 18 th September 9:30-4:30pm
All Day Workshop Activities Activities Activities
A Feast of activities in a DTA "Takeaway Café" of Creative Ideas For Everyone - includes a booklet of resources to take home

News Flash!.....At 12:00noon on 18th, both groups will come together for a special lunchtime "tuneup and refresh" session by the fabulous Dr Helene Popovic - she is amazing - if you haven't seen her book yet - she will be leaving us some "signed by the author" copies! - a bonus courtesy of the lovely Helene - popping in on her way to Perth!!



June 2014 AHPA Board Management Meeting



Submitted by Margie Kennard

- ▶ AHPA Chair, Lyn Littlefield gave her report of various meetings she had attended on behalf of AHPA and in her role with Australian Psychological Society. Some of the key changes that will affect all Allied Health sector are:
The closing of Medicare Locals - all to cease by end of this month. New Primary Health Networks will be set up. These will go out to tender - open to NGOs, private companies, local government and more.
The focus of the current Minister Peter Dutton is on GPs as gatekeepers, once again, of all health care. It is also clear that representations to the minister need to have a definite economic value. Preventative health and national co-ordination of healthcare are not a priority.
The PCEHR (Personal Clinical Electronic Health Record) will now be called "My Health Record"
AHPA advised to actively engage in the next 6 months - even though nothing is open for discussion at the moment - because after 6 months there will be a move to a "next phase" for the government.
- ▶ Chief Allied Health Officer position is held by: Mary McDonald with Ros Cox appointed as Allied Health Assistant. They are both happy to work with AHPA and the role of Allied Health Officer is unthreatened.
- ▶ Work is started on the Allied Health Leaders Network - a network that members of individual organisations could belong to.
- ▶ AHPA next meeting is in the form of a trip to Canberra to see specific parliamentarians advancing AHPA priorities. It is the first session of a number of visits intended over the next 12 months. Due to financial and time constraints, I won't be attending this one but will phone in to a phone conference report.
- ▶ The Executive Officer Lin Oke presented her report to the board which noted the items she worked on over the past month in alignment with the AHPA Strategic Plan items
- ▶ AHPA have started a program of writing position papers on key topics of interest and updating old ones

National Aged Care Alliance Meeting:

Submitted by Judy Nolan

national
AGED CARE alliance

In early May I represented DTA at the meeting. Aged Care Finance Authority's (ACFA), Lynda O'Grady informed us that the Authority identified many areas around the reforms requiring more research. Rationing versus actual need, Rural and remote issues around the 'Family Farm' passing through to future generations, future consumer demand generating a market driven industry and the effects this will have on services. More research is being undertaken and information collected post July 1st.

Minister Fifield:

The Minister confirmed to the meeting that the Department of Social Services was progressing the reforms and interfacing with the State Governments around the HACC services. A discussion paper around Home Support will be available for feedback. A longer timeframe for feedback may be possible to ensure all points of view are collected. Work is also happening on the interface between aged care and disability services in the areas of aged care, health and education. The funding for National Respite for Carers has been confirmed for another year and the CALD and LGBTI strategies will continue.

Representatives from the Department of Social Services informed the meeting of:

A Communication Strategy around the My Aged Care Website, the department appreciating input from the Alliance members in ways this is best achieved. Another Roadshow will go to regional areas and major cities, State by State. A webinar will also be available. The details will be posted on the DSS website when ready.

National Disability Services:

Mr Ken Baker's presentation highlighted the challenges facing both the Aged care and Disability sectors especially in the future pressures on workforce. Each sector faces a need to increase their workforce dramatically and the skills required are similar in both areas. A workforce strategy is under development by DSS and the National Disability Service with a report due at the end of August.

Shadow Minister Shayne Neumann gave an overview of the ALP position on the reform process.

Judy Nolan.



National Workshop programme news and updates with Steph

Hello everyone,

As the winter months are upon us I'm finding myself spending more time indoors and on the computer, apart from working on providing great workshop programs and addressing the never ending emails, I like to watch and find things that make me feel good and expand my mind- and my favourite at the moment is TED Talks*.

Many of you may have already discovered the unlimited topics and presentations on just about anything you can think of and I have mentioned it at the workshops that I have facilitated at as a great tool to use in your own continuing education. Type in "aging" and you have a number of choices from "Older People are Happier", "An Unexpected Place of Healing" or Jane Fonda talking about "Life's Third Act" just to name a few, type in "disabilities" and see the insightful "Deep Sea Diving in a Wheelchair" or the inspiring and artistic filled ideas of "Embrace the Shake" by Phil Hansen where he proclaims "Limitations as a source of creativity". The list is limitless with 1700+ talks to stir your curiosity. (There is no talk under "Diversional Therapy" yet though!)

I can spend hours listening to related playlists and talks as one presentation leads me to another connected topic of interest. (Talks are limited to 18 minutes or less so you can fit a lot of different topics into a few hours or just watch one while enjoying a coffee!)

So as children of this technological age and by children I mean there is always something new and different that we can learn and use in our arsenal of resources I was interested in how we can include this technology in our programs to entertain, educate and inspire our participants?

The topics are limitless so why not type in suggestions from your participants and let everyone watch one a day or you could find topics to include on your program to draw people together with similar interests. You could find a topic that is related to a program theme and start a conversation around the things that are discussed on TED. You are only limited by your imagination (and maybe technological ability however one great thing about this technological age is that it is so easy to connect and utilise- it can even be set it up on a smart phone- there is no excuse anymore -even the DTA newsletter is electronic!)

We must embrace technology as a great resource!

There are so many great websites out there to access and I'm sure you are already doing so- if you have discovered a website or TED talk or YouTube video or Facebook page or Twitter account that you find professionally inspiring, educational or incredibly useful, fun or relevant share it with me at stephania@diversionaltherapy.org.au and I'll start compiling a list to include in a future newsletter. I'm looking forward to checking out the sites that you send through so start sending.

This month's quote is from the father of modern computers the late Steve Jobs:

"What a computer is to me is the most remarkable tool that we have ever come up with. It's the equivalent of a bicycle for our minds."

So jump on your bikes,

Until next month

Stephania Bejma

*TED (Technology, Entertainment, Design) is a global set of conferences owned by the private non-profit Sapling Foundation, under the slogan: "Ideas Worth Spreading". TED was founded in 1984 as a one-off event. The annual conference began in 1990, in Monterey, California and is now worldwide- they even had one in Australia last year. TED's early emphasis was technology and design, consistent with its origins in the Silicon Valley however it has expanded to many other topics and areas of general interest. Check it out at www.ted.com

Workshops Report

DTA Ballina workshop

The Far North Coast sun was shining for the DTA Ballina workshop on the 6th of June. We had 23 enthusiastic attendees who networked and chatted while gaining insightful and educational information from the array of speakers. Vision Australia presenter Tess Radanovic from their office in Lismore gave us information on assisting those with Vision impairment while Cathy Meyer from Eden in Oz and NZ bolstered our egos by validating the work we do while explaining the difficulties we are working with then provided solutions through the Eden program. Kathy Prain from the Aged Care Quality Agency explained the workings and motivations behind the Accreditation process while Judy Bartholomew from Alzheimer's Australia gave us ideas to improve the engagement of clients with dementia. My presentation on Yoga for Seniors and People with a Disability again gave simple Yoga based breathing and movements to provide a Yoga type gentle exercise program to try in your workplace.

For those who stayed around for the takeaway café (it was the Friday before the long weekend after all) we were whisked away by the innovative and inspiring ideas of Michael Flick's Winter Ball- a night-time event that allowed for ball gowns, dancing and mulled wine or was that hot chocolate (Great work Michael!) we also enjoyed a very practical art project with many laughs, fun, mess and creativity-all the things that makes education memorable!

It was great again to be in attendance at the workshop and a big welcome to our new members. Workshops are a great way to revitalise your professional practice, connect or reconnect with colleagues and others who understand exactly what you do each day- so get yourself along to a workshop near you- and spread the word!



Upcoming workshops



11th July -Cairns QLD

8th August-La Trobe TAS

(NB this was incorrectly advertised as the 14th in the last newsletter)

25th August-Warrnambool VIC

17th October-Shepparton VIC



DTA National Network Group Coordinators Report - June 2014

Hi Everyone,

My main focus for May has been the Open Day for our Network Group on the Gold Coast. It's a shame that we did not get the response we hoped for, especially with such a growing area for Aged Care facilities. We only had 5 non-members on the day. I followed up the office mail out with emails. My email database for the Gold Coast area has more than 50 addresses in it, so you can imagine my surprise at the lack of replies to the invitation.

We held the Open Day at 2pm and although some might say that the evening is a better time, I think we would also have similar problems. I really don't think that the time is the problem.

My next step is to look at doing a survey, to find out the real reasons why there is such a lack of interest, not only in DTA but just networking in general. I really thought that D.T.'s would jump at the chance to come to an Open Day.

Much to their credit, the people who did attend were thrilled to be there and gained much knowledge. They would be joining DTA. Hoorah!

I really feel for all the Network Group Leaders around the country. I hope that by this personal experience I can be more effective in my role and offer greater assistance where needed.

Cheers!

Katrina Vuori



Corn Patch

Q: What do you call a cow with only 2 right legs?

A: Lean beef!

Q: Why did the turtle cross the road?

A: To get to the shell station.

Q: Why did the cat sit on the computer?

A: To keep an eye on the mouse.

Q: Where do American cows come from?

A: Moo York.

Member Articles

TAFE Adelaide Campus Certificate IV Leisure & Health project June 2014

TECHNO FUN

Break Technology barriers with sensory devices

TECHNO FUN – Research of new Technology assisting those who experience barriers, to engage in Leisure and improve their quality of life.

A recent project completed by the TAFE Certificate IV Leisure & Health students, at the Adelaide Campus may assist other Diversional Therapists. Our Lecturer Joy Wuttke provided a brief to consider “Different types of technology to assist people who experience barriers and facilitate engagement in Leisure, to improve their quality of life”.

Student research located was demonstrated in class to 13 invited guests from Aged Care and Community facilities throughout Adelaide. Participant’s perspective was key to the demonstrations, using readily accessible equipment that enabled interaction such as:

- ▶ Skype - maintain contact with family/friend & Distance Learning
- ▶ Reading devices - Kindle and interpretive reading programs
- ▶ Language programs - interactive language translator, assisting CALD participants from diverse backgrounds
- ▶ Music - “Spotify” to enable individual playlists of songs or “Learn to play an musical instrument” program for participants
- ▶ Devices - large mouse / hand grips to assist with computer use
- ▶ Ipad - online games & puzzles that are easy to play and portable
- ▶ Interactive Games - Wii Sports, Wii Balance and Alzheimer’s Australia “The Forest Project” available later in 2014.

Individual needs were addressed by each group presenting. Many with a multi sensory approach incorporated a sense of fun and an opportunity for social connection. My area of research was “Games” and I have provided part of my power point presentation with useful links to websites with more detailed information.

Upon completion of my studies I hope to work as an Assistant Diversional Therapist in Adelaide. It will be rewarding to incorporate this research assisting participants who experience barriers to facilitate engagement in a fun and interactive way, improving their quality of life.

TECHNO FUN with Games

Break Technology barriers with sensory devices

The Forest Project Alzheimer’s Australia Vic partners with Opaque Multimedia

The Forest Project utilizes new technology to create an immersive experience in the form of virtual worlds. As well as helping patients with temporary reprieves, the technology also aims to help improve overall care by providing support teams with simulation to better understand how their patients see the world.

- ▶ Turn a lounge in a care centre into an enchanted space
- ▶ Viscerally stimulating the senses/engages by interactivity
- ▶ Users influence various parameters of the hyper-realistic environments through gestures
- ▶ Weather, time or wildlife selections that roam the experience



➤ By Alzheimer's Australia for dementia care facilities in Australia later in 2014

➤ <http://opaquemultimedia.com/>

➤ <http://channel9.msdn.com/coding4fun/kinect/The-Forest-Project-Unreal-4-and-the-Kinect-could-help-in-Alzheimers-and-dementia-care>

TECHNO FUN Wii Games

➤ Video games used to assist in rehabilitation of injury in a fun way

➤ Activity or music is modified to the needs or preferences of participants

➤ Fast stepping games also help prevent falls

➤ Suitable for Joint replacement, Cerebral Palsy, Obesity or Stroke rehab

<http://www.youtube.com/watch?v=68TKonzqXWk&feature=related>

TECHNO FUN WeHab

Developed by the University of Notre Dame, USA

➤ Stroke patients use Wii Balance boards to play versions of Wii Sports games

➤ Remotely located Therapists provide patients with continuous monitored therapy

➤ WeHAB is a Wii Balance board used as an at-home recovery tool, changing the future of stroke therapy

➤ Plug WeHab system to your TV where it automatically connects to the Internet

➤ You are connected to your therapist who video chats with you to answer any questions

➤ Your therapist can see you and the readings from your screen

<http://www.fastcompany.com/1773118/wehab-wii-homework>

TECHNO FUN Circus Challenge

Developed by Newcastle University, UK

➤ Patients digitally throw pies, tame lions & juggle to build strength and regain motor skills

➤ Motion controlled games make stroke rehabilitation fun and accessible

➤ Playable on PCs, laptops and tablets later in 2014

➤ Provides at-home therapy allowing therapists to monitor patient progress remotely

<http://www.engadget.com/2012/05/20/neuroscientists-develop-game-for-stroke-rehabilitation/>

TECHNO FUN other programs

Neuroscience Research Australia (NeuRA)

NeuRA is currently working on a "SureStep" program currently in R&D phase to assist with the prevention of falls eventually for people to be able to use in their own homes. It combines exercise training and computer games increasing complexity, interest and enjoyment by adding challenging mental tasks. It is also a valuable tool for fall risk assessment and a way to improve balance while having fun.

➤ Individual needs addressed by multi sensory programs presented

➤ Incorporating fun to learn new skills for leisure

➤ Opportunity for social connection

➤ Assisting those who experience barriers to facilitate engagement & to improve quality of life

Researched by **Santina De Nicolo**

TAFE Certificate IV Leisure & Health student, Adelaide Campus

June 2014

Journal Watch



The Australian Journal of Dementia Care currently has a free PDF that you can obtain by submitting your email. They also currently have a special going to purchase their journal which is quite reasonable compared to the cost of other journals. For more information go to:

<http://journalofdementiacare.com/>

So to tie in with this month and the above information the journal watch is on Dementia.

Title: Caring for older people with dementia: An exploratory study of staff knowledge and perception of training in three Australian dementia care facilities

Authors: Cindy Jones, Wendy Moyle and Gillian Stockwell-Smith

Journal: Australian Journal of Ageing, Volume 32, Issue 1, March 2013, pgs 52 - 55

Abstract:

Aim

To ascertain care staff's knowledge of dementia relating to aetiology and/or pathology, symptoms and care/treatment; and explore their perceptions of the importance and adequacy of dementia education and training opportunities.

Methods

Thirty five care staff working in three secure dementia care facilities were recruited. Dementia knowledge was surveyed using the Staff Knowledge of Dementia Test (SKDT). Perceptions of dementia education and training were examined via semi structured individual interviews.

Results

An average of 21 out of 33 SKDT questions (SD = 4.0) was correctly answered. Knowledge discrepancy was attributed to participants' cultural and ethnic origin and the length of residency in Australia of migrant care staff. Participants acknowledged the importance of dementia education and training but were critical of the content relevancy to direct care practices.

Conclusion

There is a need to improve care staff knowledge of dementia, and dementia education and training should include direct practical competencies required for effective care delivery.

Web Watch



TR Therapeutic Recreation Directory

This website has been around for some time and worth reviewing. It is not affiliated with any organisation and its aim is to promote information on Therapeutic Recreation but to also supply resources such as activity ideas, links to associations around the world, shop, job postings and connections through forums and online chats.

It is a website that you can spend some time looking around and even being able to download items, videos and activity outlines.

<http://www.recreationtherapy.com/index.htm>

Important Information For WA DT's

Seniors Week 2014 Community Grants Program

Applications opened on 6 June for funding through the Seniors Week 2014 Community Grants Program. Seniors Week 2014 is being held between Sunday 9 November and Sunday 16 November, and with the support of the Department for Local Government and Communities, and Lotterywest, COTA WA has grants available as a contribution towards the cost of hosting events during this time. Standard grants are up to \$1000 (plus GST if applicable). Grants from \$1001 - \$3000 may also be approved if they will attract a large number of seniors. Applications close at 5.00 pm on Friday 15th August 2014.

Visit www.cotawa.org.au/events/seniors-week-2014 for full application and eligibility details.

For further information or any queries contact 08 9321 2133 or email admin@cotawa.org.au

(Information taken from the WACOSS electronic newsletter)

From The Editor

This month's edition brings you information on our upcoming conference and if you haven't considered the early bird price now is the time to do so and why not add an extra day either side and enjoy a mini break in Adelaide.

We have our first student submission in member's articles since going to the electronic newsletter. I encourage both students and general members to submit articles read the outline in the PD Booklet as to the word limit and requirements so you can earn yourself some PD points along the way.

Also keep an eye on the website as we will be uploading modules to allow you to do some online education or revision which will also allow you to earn some points as well.

We also have some great industry updates thanks to both Judy Nolan and Margie Kennard for their reports so members can see what is happening behind the scene.

Also if you are on Facebook there is a group called UK Geriactive and they now also have a separate closed discussion group. This group expresses many of the concerns we all share in industry and especially aged care in regards to activity and participation, budgets, office spaces etc. What they have set up is you can register on a pen pal list which I did and was lucky enough to receive a letter from a Nursing Home in Suffolk and I have since replied so maybe this is something your facility could do or a small group of residents as a creative writing activity. Anyway, just some food for thought!

Till next month

The Ed



Activity Officer Position QLD

Eagleby QLD Activities officer required 5 days per week 8.00-3.00. Documentation skills required plus ability to plan and coordinate events and activities. Immediate start available to successful applicant. Interested applicants please email details to admin@jimbелungа.org.au



Diary Dates

Due to feedback and changes to our newsletter format I think rather than me as the Editor provide you with dates I think maybe suitable we are going to provide you with the websites for you to go to so you can pick the most specific information to your position in industry.

Australian Government Department of Health
<http://www.health.gov.au/internet/main/publishing.nsf/Content/health-pubs-calendar-index.htm>

NSW Health
<http://www.health.nsw.gov.au/calendar/pages/default.aspx>

WA Health
<http://www.whatson.health.wa.gov.au/month.cfm?month=7>

TAS Health
http://www.getmoving.tas.gov.au/__data/assets/pdf_file/0017/82403/2014_HEALTH_WELLBEING_TASMANIA_CALENDAR.pdf

Vic Health (Better Health Channel)
<http://www.betterhealth.vic.gov.au/bhcv2/bhcsite.nsf/pages/events?open>

QLD Health
<http://www.health.qld.gov.au/news-alerts/events/>

SA Council of Social Services
<http://www.sacoss.org.au/sites/default/files/public/documents/2014%20Awareness%20Weeks.pdf>

NT Health
<http://www.health.nt.gov.au/index.aspx>

ACT Health
<http://health.act.gov.au/home/>

Our Community
<http://www.ourcommunity.com.au/calendar/>

Australian Government Department of Social Services
<http://www.dss.gov.au/our-responsibilities/settlement-services/calendar-of-cultural-and-religious-dates>

and each states tourism websites.

* Please note when governments change department names may change or merge and therefore websites may also change.